

# MENTAL HEALTH REVIEW - PLEDGE 90

Caring Plymouth Briefing, 16 December 2013



In May 2012 Plymouth City Council announced 100 pledges around the 10 priority areas identified in the Corporate Plan. Pledge 90 was to 'Conduct a wide ranging review of the adequacy of mental health services and support in the city alongside local mental health providers and charities'.

The review has been completed and will be considered by the Caring Plymouth Task & Finish Group on 16 December 2013.

The Review was overseen by the Portfolio Holder for Public Health and Adult Social Care.

A Key Stakeholder Working Group was established to lead the day to day implementation of the Review. This included key representatives from PCC Joint Commissioning Team, PCC Office of the Director of Public Health and the NEW Devon Clinical Commissioning Group.

As the review commenced it became clear that there was already a lot of information available, and that the stakeholders and partners in the delivering of mental health services were wide-ranging with a lot to say. We therefore committed to ensure that we use as much information currently available to avoid duplication and ensure a comprehensive picture is pulled together in one place, and we also committed to reaching out widely to as many people with an interest in mental health as possible.

This Pledge 90 Mental Health Review Report summarises a number of different documents that have been created as part of the review. The main elements include:

- Strategic Context
- Mental Health Needs Assessment Refresh 2013
- Performance
- Service User & Carer Views
- Community & Stakeholder Views

## **Strategic Context**

The review includes an overview of the national and local strategic context. This will demonstrate that the review is responding to key areas and priorities. Some of the key policies to be included are:

- 1999 - National Service Framework for Mental Health
- 2011 No Health Without Mental Health
- Health & Social Care Act 2012
- National Outcomes Frameworks
- Preventing Suicide in England (DH, September 2012)
- Care Bill 2013
- The Plymouth Mental Health and Well-Being Promotion Strategy 2011-2014
- Plymouth Mental Health Network Strategy
- Improving the State of Our Minds - CYP Emotional Health & Wellbeing Strategy

- Plymouth Health and Wellbeing Strategy (in development)
- NEW Devon CCG Mental Health Commissioning Plan (in development)

## **Needs Assessment**

The comprehensive Mental Health Needs Assessment that was completed in 2012 has been refreshed and updated to ensure it remains relevant and accurate. This will ensure a clear picture of the population and prevalence of mental health issues within Plymouth's communities, as well as identifying protective and risk factors.

## **Performance**

The review has mapped service provision across all aspects of mental health and wellbeing across the City including approximate spend and comparisons with other areas.

The review considers all performance information in relation to mental health outcomes identifying the impact that our services are having on the mental health and wellbeing of individuals and communities in Plymouth.

## **Service User & Carer Views**

Plymouth has a well-established and proactive mental health service user and carer group called Plymouth Involvement and Participation Service (PIPS). PIPS is closely aligned to Healthwatch, ensuring that the wider community is also represented in any feedback and work they do.

PIPS lead the process of gathering service user and carer feedback on mental health services creating a genuine ethos of meaningful feedback and consultation owned by the community themselves.

A full Report has been developed and forms part of the Review.

## **Community & Stakeholder Views**

Community and stakeholder views were gathered predominantly through a widely circulated questionnaire which asked respondents to rate how well they thought mental health services in Plymouth are; commissioned, accessible, available, and effective.

The responses have been analysed and form a key part of the review.

## **Summary**

Plymouth City Council has worked in partnership with a large number of providers, stakeholders, service users, and communities to complete Pledge 90 and 'conduct a wide ranging review of the adequacy of mental health services and support in the city alongside local mental health providers and charities'.